

Telehealth for Diabetes Education of Rural Health Care Workers

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Rural Health Care Workers

1. Lack access to training to prepare them to be diabetes educators
2. Lack access to continuing education programming in diabetes related topics

Problem

1. Lack of video conferencing equipment at rural sites
2. Lack of T1 lines to support video conference equipment (if equipment could be purchased)
3. Telehealth has limited phone lines available for sites without video equipment

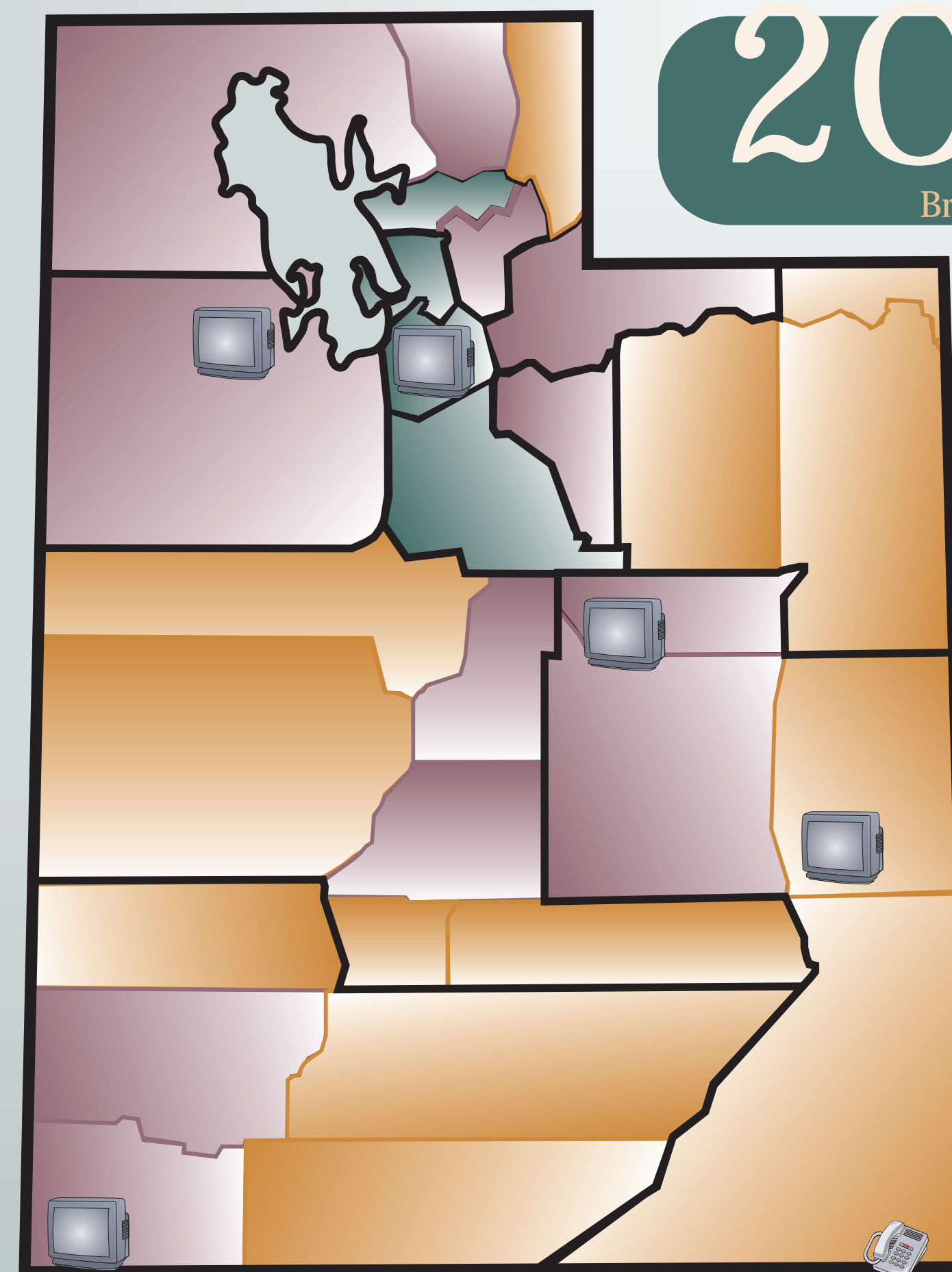
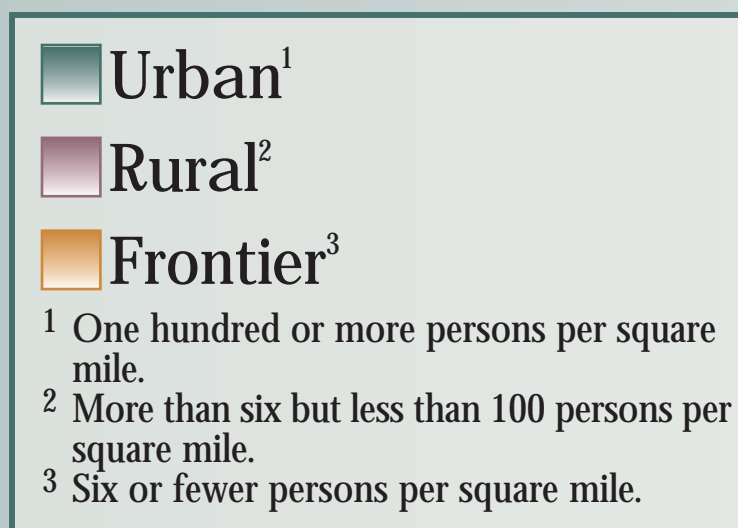
Barriers

1. Establish collaborative working relationships with organizations involved with Rural Health Clinics and the Utah Telehealth Network
2. Complete needs assessment of Rural Health Care Workers (topics, dates, times, etc.)
3. Determine dates, times, programming and speakers based on needs assessment.
4. Provide computers and ViaVideo equipment for access.

Solutions

- AUCH (Association for Utah Community Health)
- Local Health Departments
- Tribal organizations or Indian Health Service clinics with Diabetes Education programs
- Utah State University - Extension Programs
- University of Utah Medical Center - Telemedicine/Telehealth Department

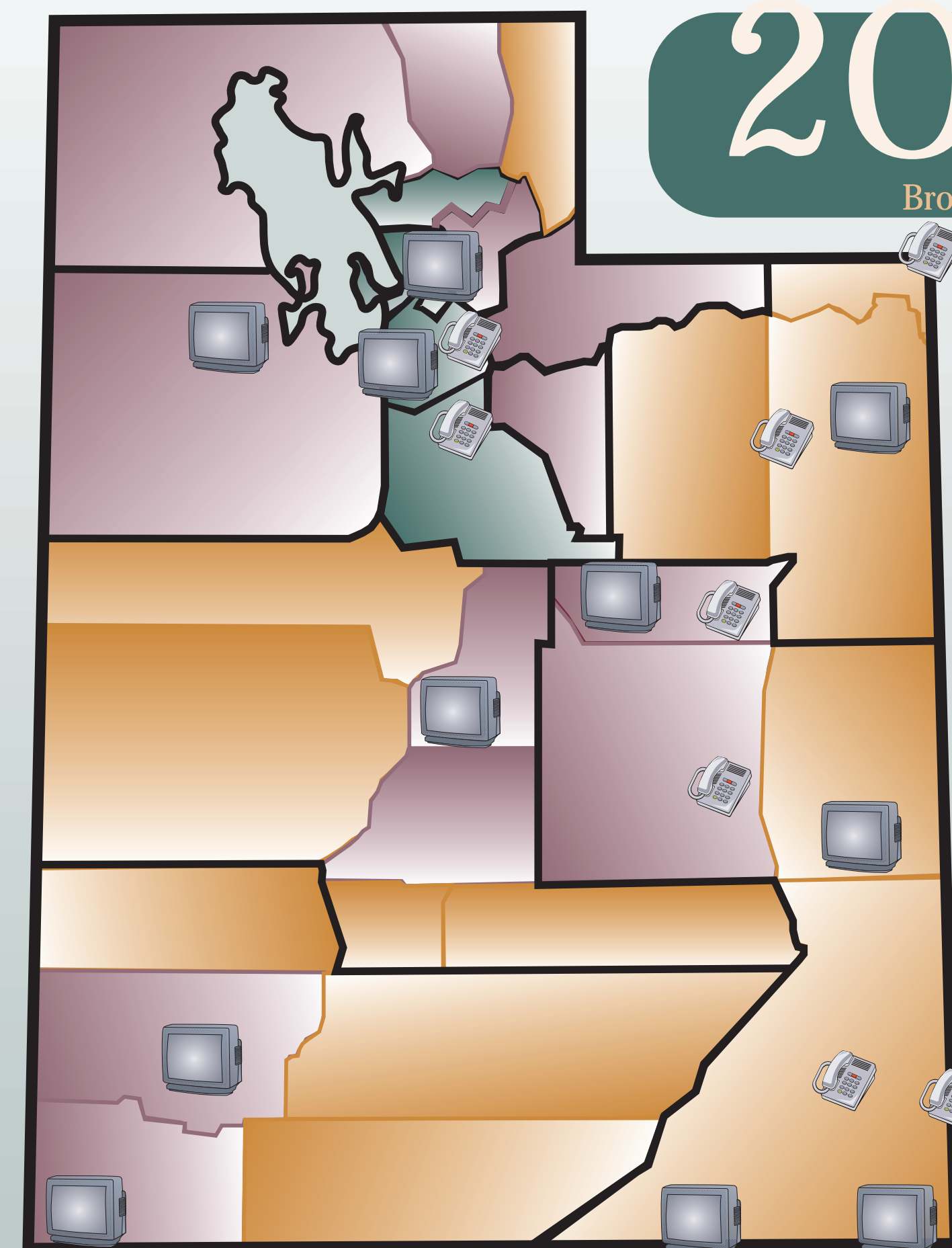
Outcomes



2002

Broadcast Sites in Utah

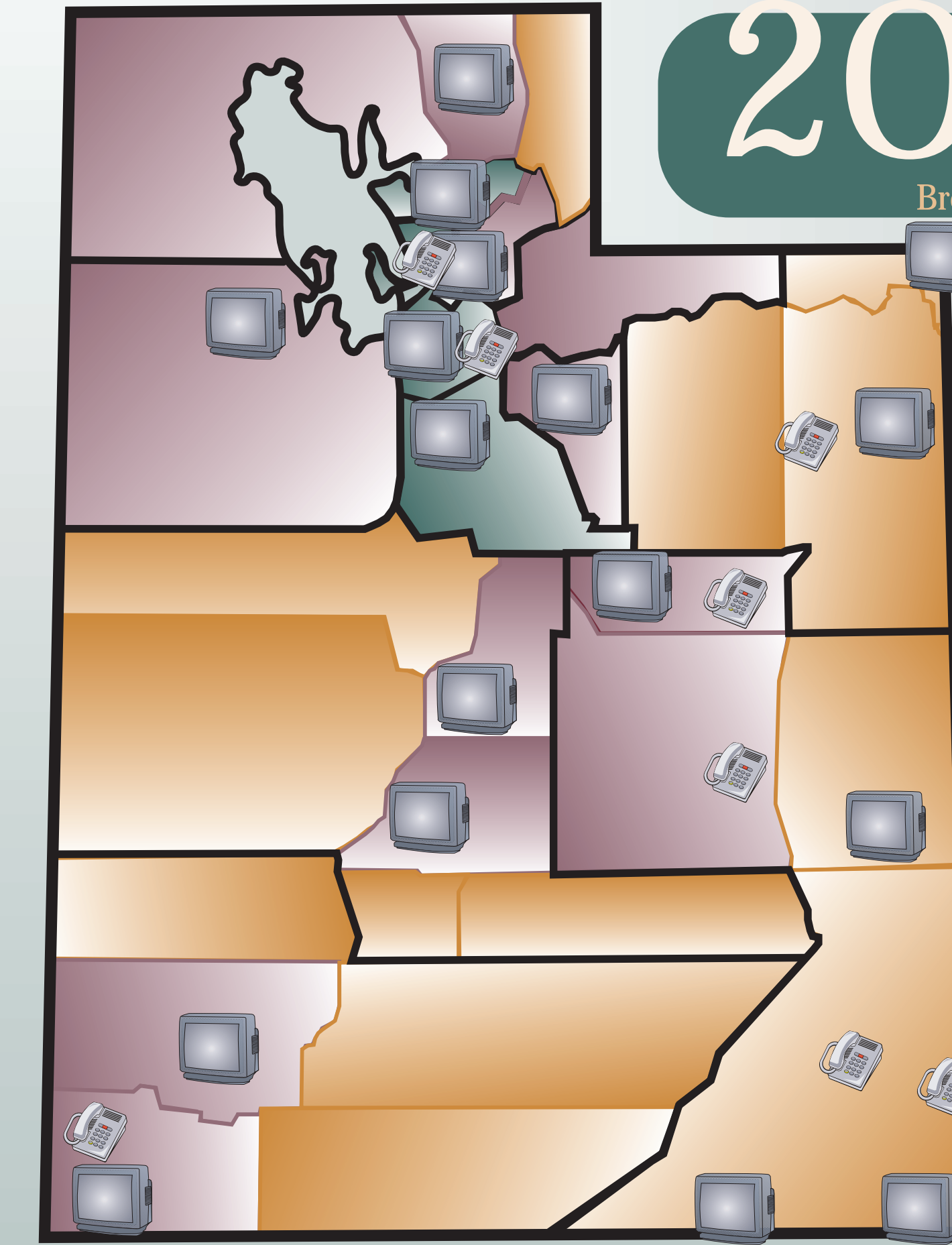
Topics	
July	Latest & Greatest in Diabetes Diagnostic and Clinical Tools
September	Latest & Greatest in Pharmacology
November	Latest & Greatest in Care of the Patient with Diabetes in the Clinic Setting



2003

Broadcast Sites in Utah

Topics	
April	Diagnosis and Recognition of Diabetes
May	Ophthalmology - Concerns & Treatment of Diabetes Related Eye Disorders
June	Overview of Complications
July	Tobacco Use & Diabetes Complications
August	Nutrition Applied - Using the Modified Pyramid for Diabetes Patients
September	Type 2 Diabetes in Pediatrics
November	Basic Carbohydrate Counting
December	Anxiety and Chronic Disease (Diabetes)



2004

Broadcast Sites in Utah

Topics	
January	Depression and Chronic Disease (Diabetes)
February	Fad Diets and Diabetes
March	Complementary & Alternative Medicine (CAM) for Diabetes
April	Childhood Obesity and Diabetes
May	Dental Care and Diabetes
June	Wound Care for Patients with Diabetes
July	Foot Care for Patients with Diabetes
August	Latino Traditional Medicine
September	Native American Traditional Medicine
October	Erectile Dysfunction
November	Gestational Diabetes
December	Retinopathy